



Premier Seminars Update – 12/09

Celebrating My Journey

by Kim Lawson
Premier Enrollment Coordinator

I am Kim Lawson, Premier's Enrollment Coordinator. My work is all about listening, being with, coaching and celebrating others on their Discovery, Focus and beyond journey. As I approach this holiday season, I wanted to take the opportunity to celebrate my own Discovery, Focus and beyond journey. I hope this inspires some of you to go to the seminars, reconnects others of you to your seminar experience and touches all of you.

I first heard of Discovery and Focus during an interview for a position as Family Rep. I had previously worked as a counselor for a residential wilderness program for teens. The wilderness program did not have a family component. I was immediately excited when I learned that Discovery and Focus were integral to the process within the program. I knew my work as a family rep would be much different using a whole family approach. I was even more excited to learn that I was invited to create change for myself by attending Discovery. I immediately accepted the position with excitement and curiosity. Within a month I graduated Discovery.

The learning opportunity in Discovery far passed my expectations and I applied the tools at work, with my family and with myself. I saw the changes I created as I become conscious of my choices. I felt more freedom and happiness as I interrupted my victim patterns. It was not like magic, rather it took practice.

As I worked my way to Focus many challenges occurred. I was encouraged to attend Discovery, but Focus was a

personal choice. My commitment to take the next step was personal. Finding child care, pet care and taking time to attend were obstacles that challenged my commitment. What made the difference was one of the upper level girls said that she did not get how parents or staff can be a part of lasting change if they don't go to Focus. I heard her message, broke through my barriers, and attended Focus with my Discovery family.

Focus was even a more powerful experience. I left the training clear on my personal contract, purpose and with more tools to apply. My biggest learning was that I had not been honest with others and that thought that giving to others was more important than taking care of myself. I learned that being a giver includes taking a stand for myself, my life and seeing the gift within. I again learned that there was no magic pill, rather lessons to apply what I have learned. With each lesson, I begin to see the difference that my attitude, beliefs and choices had on the quality of my life. The power to create the life of my dreams grew with every new experience. Focus was not the 'fix' it was the mechanism to create change I wanted, it was the beginning.

The seminar experience has changed not only my life but the lives of those I touch each day including my son. I encourage all the parents and teens to revisit your seminar experience. The lessons are invaluable to making the world a different place. I look forward to working with you as you attend seminars and enroll those in your life into the greatest gift you can possibly give to another.



HOPE BUDDY WORLD

By Carol Watson

Happy Holidays to all of our Hope Buddies. The HOPE BUDDY program is about giving back and creating HOPE for our new families. I want to acknowledge all your caring and hard work by assisting our new families through a difficult transition to the program.

We are introducing a new tool to assist our Hope buddies to be both more effective as a buddy and how to translate your buddy experience into practical experience to improve your family.

We will be holding a one hour webinar session for our Hope Buddies on

January 5, 2010 at 6:30pm PDT.
Registration link

<https://www2.gotomeeting.com/register/114204218>

(if this link is not active, simply copy and paste it into your web browser)

This webinar is required for all NEW Hope Buddies. If you have been or currently are a Hope Buddy we invite you to attend and share some of your experience but it is not required. The learning will translate far beyond your Hope Buddy experience.

What will be covered in the Hope Buddy webinar is:

- Fundamentals of Support
- Answers to general questions regarding seminars
- Changes in the program so you are accurate
- Listening to others
- Creating value
- Being a Buddy to your family

Family Support Network

By David Gilcrease



The FSN is offering invaluable opportunities for our families. I am committed to have more “after-care” within the FSN. The favor seems to be more on in process parents.

While this is an important aspect of the FSN, it is only one area. I invite you to bring your teens to the online workshops. The FSN is the FAMILY SUPPORT NETWORK – key word is Family. First working together in a workshop or open discussion will create bonding within your family. Even if you have done the workshop, I strongly recommend doing it with you entire family. This will be a different experience. Second by having teen join the webinar, it will bring more of the home dynamic into the environment of the FSN. Those at home will be able to address what is happening within the family while those still in the program will begin to experience the reality of reuniting of a family.

NLP - Rapport – Kenna Smith

NLP WEBINAR on the FSN **January 6, 2010 – Open to all**

Do you ignore certain individuals because you do not feel a connection or you do not like who you think they are? Do you find yourself in immediate connection with others? Consider how your world would open if you learned to build rapport with anyone, especially those individuals you avoided. The foundation of (NLP) Neuro-Linguistic Programming will teach you just that, to be in relationship with all people by listening to their language, watching their body, and understanding their eye cues from the unconscious.

Rapport is a fundamental to effective communication and relationship. It stems from connecting with others, making friends, building business, expanding social awareness and generally raising mutual confidence levels. This then enables you to truly inspire thus creating an effective interaction.

By recognizing this connection you are able to build rapport. The key is to recognize “rapport connection” points with those you do not match automatically. It is easy when you match and it can be easy when you know the

- 1) yourself
- 2) the signs

What are some of these “rapport connection” points? Here are a few tips for you.

- Language
- Tone and Volume
- Speed of Speech
- Eye clues
- Physical space boundaries
- Understanding their mode of motivation

Find out more by attending the January 6 NLP webinar on the FSN to learn more. This is open to all who are interested in both NLP and experiencing the value of the Family Support Network

Registration link

<https://www2.gotomeeting.com/register/218856946>



Looking for a Friend to Share the Seminars

ENROLLMENT ?

Ever had the experience of wanting to have a friend or family member attend the Discovery yet somehow your excitement was not understood or even worse the person seem to be “running away.” It is about your style of communication and not understanding the process call enrollment.

What is enrollment? Enrollment is the LIFE SKILL to master in life. Don’t you always want to enroll others into your life, your dream, or some specific project?

David will be hosting an enrollment workshop which will focus on using your tools to development enrollment skills. He will be discussing how to listen, communicate and create value for people in any enrollment situation not just Discovery enrollment.

The workshop is open to anyone. The goal is to assist in creating agreement about the seminars rather than disagreement and create value for you around the enrollment skill.

Date: December 22, 2009

Time: 7:15-8:15 PM PDT

Registration Link:

<https://www2.gotomeeting.com/register/197500234>

Come spend the evening to learn more about how to create a life you love which includes enrolling in your dreams.

UPCOMING SEMINARS:

Discovery	Las Vegas	January 29
Discovery	Chicago	March 5
Focus	Las Vegas	March 11

Obtain additional information and register at www.premier-ed.com

Christmas Gifts;

We have gift certificates you may purchase from Premier as a different gift to give your family and friends.

Additionally if you are a member of the FSN, you will get a 10% off any gift certificate purchase.



Communication Problem

About five years ago the battery in my beat-up VW Beetle had died because I left the lights on overnight. I was in a hurry to get to work on time so I ran into the house to get my wife to give me a hand to start the car. I told her to get into our second car, a prehistoric oversized gas guzzler, and use it to push my car fast enough to start it. I pointed out to her that because the VW had an automatic transmission, it needed to be pushed at least 30 mph for it to start. She said fine, hopped into her car and drove off.

I sat there fuming wondering what she could be doing.

A minute passed by and when I saw her in the rearview mirror coming at me at about 40 mph, I realized that I should have been a bit clearer with my directions.

Sound Familiar!